



PREP MATRIX

Plan for Resiliency and Emergency Preparedness
Simple monthly tasks to prepare your household for emergencies

<p style="text-align: center;">JANUARY</p> <p>SIGN UP FOR EMERGENCY ALERTS: VIA EMAIL, TEXT MESSAGE, FACEBOOK, NEXTDOOR, ETC.</p> <ul style="list-style-type: none"> <input type="checkbox"/> SMC Alert—www.smcalert.info <input type="checkbox"/> Hillsborough Police Dept. (HPD)— --www.facebook.com/hillsboroughpd --MyPD app for smartphone --@hillsboroughpd on Twitter --650-375-7470 Direct to Dispatch <input type="checkbox"/> Like Hillsborough Neighborhood Network on Facebook and follow @HillsboroughHNN on Twitter <input type="checkbox"/> Nextdoor—www.nextdoor.com/join/68SKN4 	<p style="text-align: center;">FEBRUARY</p> <p>MAKE OR REFRESH BASIC EMERGENCY KITS</p> <ul style="list-style-type: none"> <input type="checkbox"/> Water (3 gallons/person/day) <input type="checkbox"/> Water purification kit <input type="checkbox"/> Food (canned, powerbars or MREs) <input type="checkbox"/> Non-electric can opener <input type="checkbox"/> First Aid kit and First Aid book <input type="checkbox"/> Extra medications <input type="checkbox"/> Extra pair of eyeglasses <input type="checkbox"/> Toilet paper <input type="checkbox"/> Hand sanitizer/wipes <input type="checkbox"/> Gloves 	<p style="text-align: center;">MARCH</p> <p>ADD TO YOUR BASIC EMERGENCY KITS</p> <ul style="list-style-type: none"> <input type="checkbox"/> Flashlight and/or lantern <input type="checkbox"/> Batteries <input type="checkbox"/> Portable Radio <input type="checkbox"/> Fire Extinguisher <input type="checkbox"/> Plastic Bags <input type="checkbox"/> Emergency Blanket and/or poncho <input type="checkbox"/> Camping Stove/cooking heat source <input type="checkbox"/> Eating utensils and a cooking pot <input type="checkbox"/> Firestarter/matches/lighter <input type="checkbox"/> Sign up for Spring CERT training
<p style="text-align: center;">APRIL</p> <p>TRAINING / DOCUMENTS</p> <ul style="list-style-type: none"> <input type="checkbox"/> Refresh your skills with CERT, CPR or <i>Get Ready</i> classes through the Central County Fire Department (CCFD) <input type="checkbox"/> Make copies and/or scan important documents; keep out-of-state, store on the web, and/or place in a safe deposit box <input type="checkbox"/> Add a local map to your emergency kit <input type="checkbox"/> Town Emergency Prep Day 	<p style="text-align: center;">MAY</p> <p>VEHICLES</p> <ul style="list-style-type: none"> <input type="checkbox"/> Add emergency GO kits to each car <input type="checkbox"/> Check vehicle battery <input type="checkbox"/> Get a cellphone charger for the car <input type="checkbox"/> Put an extra set of car and house keys in your emergency kit. <input type="checkbox"/> Attend the Town Info Session <p style="text-align: center;">FIRE PREVENTION</p> <ul style="list-style-type: none"> <input type="checkbox"/> Before the summer season, clear brush and debris around your home 	<p style="text-align: center;">JUNE</p> <p>VIDEO / PHOTOGRAPH YOUR HOME & POSSESSIONS</p> <ul style="list-style-type: none"> <input type="checkbox"/> Document your home for insurance claims-- Take photos of each room, plus contents of drawers, cabinets, closets, garage, basements <input type="checkbox"/> Record serial numbers of electronics <input type="checkbox"/> Review resources at www.uphelp.org <input type="checkbox"/> Attend the Disaster Prep Day at the county fair
<p style="text-align: center;">JULY</p> <p>SUPPLEMENT EMERGENCY KITS WITH ITEMS FOR SPECIAL NEEDS</p> <ul style="list-style-type: none"> <input type="checkbox"/> Include a week's supply of prescription medications and a list of names/doses <input type="checkbox"/> Baby food / formulas / diapers <input type="checkbox"/> Include cash or keep inside your cellphone cover (ATM machines may not operate) <input type="checkbox"/> Don't forget personal hygiene and feminine supplies <input type="checkbox"/> Put a pair of shoes and a flashlight with batteries under your bed 	<p style="text-align: center;">AUGUST</p> <p>HNN OUTREACH / CONNECT WITH NEIGHBORS</p> <ul style="list-style-type: none"> <input type="checkbox"/> Identify your HNN Neighborhood Lead(s) <input type="checkbox"/> Introduce yourself to a new neighbor <input type="checkbox"/> Fill out/update/recheck your HNN Directory Form--provide copy to your Neighborhood Lead <input type="checkbox"/> Sign up for Fall CERT training <input type="checkbox"/> National Night Out 	<p style="text-align: center;">SEPTEMBER</p> <p>FEMA (FEDERAL EMERGENCY MANAGEMENT AGENCY) NATIONAL DISASTER PREPARATION MONTH</p> <ul style="list-style-type: none"> <input type="checkbox"/> Plan or attend an HNN block party <input type="checkbox"/> Disseminate emergency prep information <input type="checkbox"/> Install or check carbon monoxide monitors <input type="checkbox"/> Attend the Town Info Session
<p style="text-align: center;">OCTOBER</p> <p>FIRE PREVENTION</p> <ul style="list-style-type: none"> <input type="checkbox"/> Learn where your gas line is and how and when to turn it off <input type="checkbox"/> Keep a wrench for the gas line nearby or in your emergency kit <input type="checkbox"/> Identify evacuation routes and practice your family's evacuation plan <input type="checkbox"/> Test your smoke alarms (or change batteries). If alarm is 10+ years old, replace it <input type="checkbox"/> California ShakeOut Earthquake Drill; <i>Drop, Cover, Hold</i> www.shakeout.org 	<p style="text-align: center;">NOVEMBER</p> <p>DEVELOP A COMMUNICATION PLAN</p> <ul style="list-style-type: none"> <input type="checkbox"/> Create and/or review your family communication plan <input type="checkbox"/> Identify your out-of-state contact <input type="checkbox"/> Exchange contact info with your neighbors <input type="checkbox"/> Keep your emergency contacts list in a plastic bag in your kit <input type="checkbox"/> Plug an old-fashioned telephone directly into the phone jack in the wall for a backup telephone (it should work without power) 	<p style="text-align: center;">DECEMBER</p> <p>SHELTER IN PLACE</p> <ul style="list-style-type: none"> <input type="checkbox"/> "Shelter in Place" means to take immediate shelter where you are <input type="checkbox"/> Prepare your home for a safe holiday season <input type="checkbox"/> Don't overload electrical outlets <input type="checkbox"/> Use firescreens and have your chimney inspected <input type="checkbox"/> Enjoy family, friends and neighbors